

## HEALTH SERVICES

Telehealth Ontario 1-866-797-0000

Public Health Unit  
Clinton 519-482-3416  
1-877-837-6143

Centre for Addiction & Mental Health  
1-800-463-6273  
1-800-551-1111

Canadian Mental Health Association  
For individuals with a mental health diagnosis. A completed access form will allow referral for further specific services.  
Goderich 519-524-8316  
Seaforth 519-527-2711  
Exeter 519-235-0335

Drugs & Alcohol Treatment Information Line (DART) 1-800-565-8603

Healthy Smiles Ontario (HSO)  
No cost dental program for eligible children 17 years old and younger. Provides basic dental care. Must be an Ontario resident, have an adjusted family net income of less than \$20,000 and no access to dental coverage.  
www.ontario.ca/healthysmiles 1-866-532-3161

Poison Information Centre 1-800-268-9017

Workplace Safety Insurance Board (WSIB)  
Information and assistance, compensation, services and pensions for employees disabled through employment, vocational rehabilitation.  
Kitchener 1-800-265-2570  
London 1-800-265-4752

Workplace Safety and Prevention Services  
www.healthandsafetyontario.ca 1-877-494-9777

## ANIMAL CARE

Farm & Food Care Ontario  
Assists farmers in providing adequate or improved care for their animals and/or in following practices that meet industry standards. The Helpline is a confidential farmer helping farmer service of advice and referral. Calls received by the service are given to the appropriate commodity group(s) for follow-up.  
www.farmfoodcare.org 519-837-1326

Ontario Society for the Prevention of Cruelty to Animals (OSPCA)  
www.ontariospca.ca 1-888-668-7722

Huron & District Humane Society  
519-440-0250

For additional information ,  
factsheets and  
resources, contact:

Agricultural Information Contact Centre:  
1-877-424-1300

E-mail: [ag.info.omafra@ontario.ca](mailto:ag.info.omafra@ontario.ca)

Northern Ontario Regional Office:  
1-800-461-6132



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## FINANCIAL RESOURCES AND SUPPORT SERVICES FOR FAMILIES In...

Huron County.



Prepared by:  
Ontario Ministry of Agriculture,  
Food and Rural Affairs  
Clinton Resource Centre  
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Clinton, Ontario  
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## EMPLOYMENT SERVICES

Service Canada 1-800-662-6232  
Website: [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)

Quill Learning Network  
All programs are free, confidential and provide a learner-centred curriculum based on individual needs and goals. Programs are available geared to adults re-entering the workforce or wanting to improve skills related to a current job.  
1-800-530-6852

Human Resources and Social Development  
Canada  
Goderich 519-524-8342  
Website: [www.hrsc.gc.ca/en/home.shtml](http://www.hrsc.gc.ca/en/home.shtml)

Ontario Works—Huron County 519-482-8505  
1-888-371-5718

Centre for Employment & Learning

- 60 Mary St., Clinton 519-482-1700
- 349 Main St., Exeter 519-235-0471
- 38 East St., Goderich 519-524-2515
- 138 Main St., S., Seaforth 519-527-0305
- 431 St. Vincent St., S.,  
Stratford 519-271-4896
- 152 Josephine St, Wingham 519-357-4995

The Learning Hub

- Free program available to adult learners who want to access our flexible online learning environment. 519-482-1700, Ext. 206  
Email: [info.learninghub@gmail.com](mailto:info.learninghub@gmail.com)

## FINANCIAL RESOURCES

### Growing Forward

Growing Forward, a federal-provincial-territorial initiative, supports the development and implementation of best practices in four key areas: Environment and Climate Change; Food Safety and Traceability; Business Development and Biosecurity. Participants are encouraged to develop strategies across all areas to meet their business goals through a variety of information sessions and workshops, as well as one-on-one training and technical assistance.

### Business Development for Farm Business

Growing Forward Business Development for Farm Businesses incorporates self assessment and action plan development with a range of cost-share advisory services and skills development opportunities to help reach your farm business goals.

Business Development for Farm Businesses offers:

#### Growing Your Farm Profit Workshops

- Learn how to do a self-assessment on your farm business. There is no cost to attend this workshop.

#### Action Plan Review and Sign-off

- Having your action plan reviewed and signed off is the next step towards accessing cost-share opportunities.

#### Farm Financial Assessment

- Cost-share funding is available to access a professional Farm Financial Advisor. The program covers up to \$2400 of eligible costs to hire an Advisor. The participant pays \$100.
- If you are experiencing severe financial difficulties, you may be able to access the Farm Financial Assessment without completing the Growing Your Farm Profits Workshop.

#### Agriculture Skills Development

- Identifying a specific need for farm-related training and skills development in your action

## FINANCIAL RESOURCES cont'd

plan enables you to access cost-share funding up to 50% to a maximum of \$3000.

### Advanced Business Planning

- Eligible farm businesses will receive cost-share funding to work with an Advanced Planning Consultant for up to 50% to a maximum of \$8000.

### Business Plan Implementation

- To help you implement elements of your Advanced Business Plan, eligible farm businesses can receive cost-share funding for up to 50% to a maximum of \$3000 for one-time non-capital costs.

### For more information:

To learn more about other Growing Forward Programs like environment and climate change, food safety and traceability, and biosecurity, please contact the Ontario Ministry of Agriculture, Food and Rural Affairs. 1-888-479-3931

Website: [www.ontario.ca/growingforward](http://www.ontario.ca/growingforward)

Email: [growingforward@ontario.ca](mailto:growingforward@ontario.ca)

### Canadian Farm Business Management Council

To enhance farm manager's ability to achieve sustainable profitability through the development and delivery of quality business management resources. 1-888-232-3262

Website: [www.farmcentre.com](http://www.farmcentre.com)

### Farm Credit Canada

Provides business and financial solutions for farm families and agri-business — [www.fcc-sca.ca](http://www.fcc-sca.ca)

Head office/Regina 1-888-332-3301

Clinton 519-482-5115; 1-800-387-3232

### Farm Debt Mediation

Provides farmers and their creditors with mediation services pursuant to the Federal Farm Debt Mediation Act (FDMA) to help them arrive at a mutually satisfactory arrangement. The service is private, confidential. 1-866-452-5556

[www.agr.gc.ca/fdms](http://www.agr.gc.ca/fdms)

## EMOTIONAL SUPPORT AND REFERRAL

### Family Services Perth-Huron-Grey-Bruce Credit

Counselling 519-371-7864; 1-800-268-0903

Free confidential budget and debt counseling.

### The Farm Line

Confidential telephone emotional support and referral service provided to farmers and farm families. 1-888-451-2903  
(Monday-Friday 8:00 a.m.-5:00 p.m.)

### Queen's Bush Rural Ministries

Call collect. Supported by a group of rural churches providing 24 hour a day counseling and referral services. 519-369-6774

Website: [www.greyservices.ca](http://www.greyservices.ca)

### Crisis Intervention Centre

This is a 24 hour confidential counseling and referral services for residents of Perth and Huron Counties.

Toll-free 1-888-829-7484

Seaforth 519-527-0115

Stratford 519-274-8000

## FAMILY SUPPORT SERVICES

### Al-Alon Family Groups

- Self help groups for family and friends of alcoholics
- Al-Ateen—teenagers of alcoholics seeking help
- ACOCA—adult children of alcoholics not coping well

Website:[www.al-anon.alateen.on.ca](http://www.al-anon.alateen.on.ca) 1-888-463-6273

Addiction Help Line 1-800-272-1037

Gambling Help Line 1-888-230-3505

### Huron-Perth Childrens Aid Society

Goderich 519-524-7356

Stratford 1-800-668-5094

## FAMILY SUPPORT SERVICES cont'd

Kids Help Line (up to 21 yrs.) 1-800-668-6868

Parents Help Line 1-888-603-9100

### Women's Shelter & Counselling Service

Goderich 519-524-6245

### Abused Women & Their Children Help Line

1-800-265-5506

### Huron Safe Homes for Youth

519-235-0433; 1-800-361-1640

Victim Services -Huron County 519-524-4108

24 Hours — 519-235-1060; 1-866-863-4108

### Local Food Banks

Blessings, Zurich 519-236-4376

Exeter Community Food Bank 519-235-4104

North Huron Food Share 519-357-2277, X4

Salvation Army, Clinton 519-482-8586

Salvation Army, Goderich 519-524-4188

Salvation Army, Wingham 519-357-1387

Seaforth & District Food Bank 519-522-0567

St. Vincent De Paul, Goderich 519-524-1087

### Salvation Army Community & Family Services

Goderich 519-524-4188

Wingham 519-357-1387

### Local Community Living

Goderich, Central Huron 519-524-7362

Wingham & District 519-357-3562

### Second Stage Housing of Huron

Apartments available for women and children who are victims of family violence.

Clinton 519-482-5288

Goderich 519-524-1620